

Pastor Tanya returns one month early

Will work half time for month of August

- by Jim Widdecombe

What a positive difference a few weeks can make!

That seemed to be the main reaction to Pastor Tanya Ramer's offer that she return to work a month early from her maternity leave.

When she offered to work half time for the month of August – before beginning full time September 1 – she saw it as a way to begin contributing to preparations the ministry team must make for the annual “September insanity” that comes with the excitement of beginning a new fall season in the congregation.

Tanya said “there's always so much going on then, and I wanted to help with that – as opposed to just appearing in September after everyone else has done the work.”

She's looking forward to being back. “Pastor Krister and all the people of Mount Zion have been just so supportive of me and my family...and we're very grateful. But now it's time that I was back, and not just sitting in a pew.”

Pastor Tanya acknowledges the challenges any working mother faces in returning to full time work. But that's something that is no longer new to anyone, and she and her family are ready for her return. She says they are blessed with an “amazing” child care provider. As well, the initial half-time transitional month will help her move into the regular work routine.

Pastor Krister Ulmanis said “everyone is excited about Tanya being back... and everybody on the team – Betty, Scott, Muriel and myself- want to help in bringing her up to speed.” Thankfully, even while on leave, Pastor Tanya has always been kept “in the loop” on what has been going on, but returning will require flexibility and some adjustments for everyone.

Congregational President Dave Heldman said Council members reacted very favourably to Pastor Tanya's possible early return. “They were

“Our pastors are two very strong, talented and sensitive people, but they need the rest of us to work right along with them, if Mount Zion is to keep moving forward in reaching its ministry goals.”

Dave Heldman

very receptive. There's so much to get ready for in the fall, with Sunday School and confirmation starting, just to name some specifics. It would also be good for our pastors...to give them a time of transition back into building the very strong working relationship they had been developing.”

Dave noted it has been almost two years since Pastor Tanya and Pastor Krister began working together to bring Mount Zion's co-pastor model into a reality. Pastor Tanya's absence meant much of that development had to be put on hold – until now.

“Our pastors are two very strong, talented and sensitive people,” he said. “But they need the rest of us to work right along with them, if Mount Zion is to keep moving forward in reaching its ministry goals.”

Cont'd on Page 3

Delton Glebe's funeral

And the roof rang with praise of an unfading light – an unforgettable life

by Jim Widdecombe

Waterloo's St. John's Lutheran Church seemed ready to burst Monday. Not just with people, but with song, raised in organ, trumpet, violin and voices, as family, friends and faithful from near and far gathered to celebrate the life of one Rev. Dr. Delton J. Glebe.

The farm boy from Neustadt who became known as preacher, teacher, counsellor, administrator, mentor, speaker, leader, friend – as well as husband, father, grandfather and great-grandfather – was suitably honoured by his Synod and the people dear to him in a service that brought tears and smiles to the faces of many.

The people of St. John's generously provided the worship space to accommodate the crowd – but this was a Mount Zion service, as Verna Glebe requested, because the church her husband helped found on Waterloo's mount was Delton's home.

The Rev. Krister Ulmanis presided. Director of Music Scott Knarr made the organ sing with the congregation through *Beautiful Saviour; O God, Our Help; My Hope Is Built* and, of course, *A Mighty Fortress*. And Mount Zion's choir, with the welcome participation of St. John's choir members, contributed Bach's *Flocks in Pastures*. Christine Zaza's violin sang sweetly of *Amazing Grace* and Garry Page's trumpet rang out throughout the triumphal hymns.

Earlier, a pin dropped would have been heard during the Prelude, when the clear soprano of Debbie Lou Ludolph enveloped the congregation with the comfort of *Shall We Gather At The River?* (Well-known to Mount Zion and other congregations, Debbie Lou is our Eastern Synod's Director of Worship Ministries.)

And then there were the words: Rev. Dr. Eduard Riegert remembering Delton and reading from Isaiah 53; granddaughter Isabeau Glebe sharing the 23rd Psalm; Rev. Dr. Richard Crossman adding his thoughts and a reading from Revelations 21(v. 1-5);

our Synodical Bishop, Rev. Michael Pryse, reading from Luke 13 (v.6-9) in preparation for his sermon.

Bishop Michael spoke briefly, and movingly, of the Delton Glebe he knew, learned from and worked with for many years. He talked of how the parable of the gardener in Luke's gospel verses pertained so much to this caring man: Like the gardener who pleaded that the unproductive fig tree be given one more year – one more chance – “that was Delton's way” always giving us “one more chance.”

Similar sentiments were expressed earlier in the tributes offered by Rev. Dr. Mark Harris, assistant to the Bishop, who would preside at the interment; by Waterloo Lutheran Seminary President Rev. Dr. David Pfrimmer; by Delton's grandchildren who affectionately recalled some of his “quirks”, and by his children: Donna, Diane, David and Deborah. Speaking on behalf of the children, Donna (Glebe) Cook summarized that faith, hope... and love, truly exemplified their father and how he lived.

And that's how people celebrated a faithful Christian servant's life of 92 years on Monday, May 16, 2011.

Just one more tribute to Delton Glebe: as people sang, spoke and prayed in the sanctuary, about a dozen members of Mount Zion's Funeral Committee worked feverishly in the St. John's kitchen to complete preparations to feed the hungry flock that would arrive after the service. (To begin with, that took rounding up more than 20 double loaves of bread, six dozen eggs, 11 pounds of ham – and 24 tins of salmon – on short notice.)

They made hundreds of sandwiches, making sure many of them were salmon, Delton's very favourite. As Ruth Huehn and Gladys Roeder recalled, “Dr. Glebe always said we made the best salmon sandwiches, and he kept reminding us to make sure there were plenty at his funeral.” And they did their best to please him - this one last time.

Thank you, Neil and Lois!

By Judi Harris

For many years, whenever there was a carpentry repair needed or a new closet to be built at Mount Zion, the first thing to do was “call Neil!” Sometimes working on site, and often from his garage at home, Neil would put his skills to work. It was a “behind the scene” ministry which he loved and one which few of us ever heard about. And who knew that Lois started our child-care nursery?

Neil Moore and his wife, Lois, are charter members of Mount Zion. Having met in grade 10, they married 65 years ago at Zion Lutheran Church in Stratford and became parents of Wayne, Charles, Ralph and Dianne. Now they are the proud grandparents of nine and great-grandparents of 10!

In a visit with Neil and Lois a short time ago I heard about the day in July, 1956 when Pastor Delton Glebe, having heard that they were Lutherans, came to their home on Severn Street and asked Neil to join a steering committee with responsibility to start a new congregation in the Westmount area. “The rest”, as some say, “is history”. Neil and Lois transferred their membership from St. Mark’s in Kitchener and immediately put their hearts and hands to work in many ways.

Meeting at first in Empire School there was much “setting up” and “taking down” for each worship service. When a treasurer was needed, Neil’s training in accounting led him to say “yes”. Service on other committees followed – the one most recounted being the one responsible for the calling of Pastor Norman Lange. Neil remembers that he and four other men, with car and camper, traveled around much of Ontario, visiting churches and listening to many sermons until they found “just the right man” to follow Delton Glebe.

For her part, Lois was also busy. She started the child-care nursery in the basement of the Glebe’s parsonage home on Empire Street, served on the altar guild, worked with the women of the church and later on, helped with Open Sesame. Poor health in recent years has meant an end to Lois using her gifts in these ways.

Neil, at age 88, is now slowing down as well. Among other things, he’s built closets on the stage in the auditorium, chair carriers and kitchen cupboards; he’s covered the fellowship windows with plastic and made the railing for the choir loft. He’s done repairs for the nursery school and worked on the two Dawson St. houses. But a bad fall from a ladder while working at the church has led Neil to say “It’s time for someone else to take my place.”

At present, although unable to continue with ministries they enjoyed, Neil and Lois still delight in being able to attend worship and treasure the friendship of many Mount Zion members. It would be good, when next you see them, to say a big “THANK YOU!” and, if you have been inspired by their acts of stewardship as I have, to offer your time and talent in service to God’s people and to God’s house.

Tanya Returns (cont’d from Page 1)

The congregation agreed. At a special Congregational Meeting on May 15, members voted (125 Yes; 18 No) to approve a resolution stating that **“a sum of \$2,564.20 be approved as additional salary/benefit expenditure to cover the half time position of August 2011.”**

The action was necessitated by congregational Bylaw 9:19 which stipulates “remuneration for employees and agents of the Church” cannot exceed “the amount provided for in the last approved annual budget” unless a resolution for such compensation is approved by the members.

(The budget approved by the congregation at its Annual Meeting in February provided for Pastor Tanya’s return September 1, 2011, but made no provision for a possible early return.)

At the May meeting, Dave Heldman fielded two questions related to congregational finances. He acknowledged the deficit remains a challenge. But he emphasized a good part of the solution is in restoring our two-pastor team, in working together with them to fulfill our mission, and to attract new members by showing what this congregation can do. He said mission, as well as finance, will be the focus of much thought and discussion in the days ahead.



SHOW Receives Big Boost **Anonymous donation supports homeless...**

Waterloo, ON – An anonymous donor delivered a big surprise to the Board of Directors office at the Supportive Housing of Waterloo office last week on Erb Street. A cheque for \$100,000.00 arrived with a brief note explaining that the donor wanted to support the work being done by SHOW. Supportive housing helps to reintegrate people who have faced challenges in being housed back into the community.

“This extra boost will go a long way to help those persons who are really in need right here in our own community” said Barry Cull, Chair of the SHOW Board of Directors..

SHOW follows a principle called “housing first” in its efforts to re-unite individuals who have become estranged from their family’s through circumstances that are often beyond their own control. Residents who formerly found themselves on the street are now living in their own home and are making connections with a variety of social service agencies as a way to assist in a very personal and individualized way of getting a fresh start.

The Mountaineer

Mount Zion Lutheran Church

29 Westmount Road, South Waterloo, On N2L 2K4

Phone/Fax (519) 886-5820 e-mail: mtzion@mzlc.ca

www.mzlc.ca

Pastors: Rev Tanya Ramer., Rev. Krister Ulmanis
Editorial Committee: Dennis Eaton, Karen Gastmeier,
Jim Widdecombe, Tim Ehrlich, Gerry Roeder, Dave
Heldman

**Deadline for September Issue,
August 15, 2011**

*Please send your comments, ideas and updates to
gastmeier@rogers.com*

Open Sesame Searching for Classroom Volunteers

We are nearing the end of Open Sesame Headstart Preschool’s 41st year. It’s a wonderful time of year; when we see such positive changes in the children who have been referred to us. As well, the Parent Support Group has melded into a very supportive community, caring for each other.

The Open Sesame Committee held its last meeting on Monday, May 9th. We are very happy that our Monday teacher Nikki Proctor is looking forward to returning in September. Of course we are truly blessed that our Supervising Teacher, Kathleen Cote continues to be so enthusiastic after having held this position since September of 1999. Valerie Weber, a Monday volunteer, is retiring after serving for the past seven years. Thankfully she has agreed to continue as a spare. We thank her for many years of dedication to Open Sesame.

Open Sesame’s license states that to operate as a preschool we require two volunteers plus one teacher for twelve children. At this time we only have one volunteer who will be returning for each day, Monday, Tuesday and Wednesday mornings in September. We have never experienced this situation before! **We desperately need at least one additional classroom volunteer for each day from 8:30-11:30 am.** I have a reliable list of spares to fill in if a volunteer is away due to sickness or on vacation and we do have an Orientation Meeting for all volunteers in the fall.

Please spread the word to your friends and neighbours about working at Open Sesame. Many of our volunteers are retirees. However, if you know of a stay-at-home Mom who would like to do some volunteer work, child care is provided on Monday mornings for infants and toddlers. A child who is 2 ½- 3 may accompany their mother in the classroom.

For more information about volunteering with Open Sesame, please contact Carol Ziegler at 519-886-6675.

Scott is going back to school!

By Karen Gastmeier

Scott is going back to school! While most folks are just happy to be out of school at this time of year, Scott is thinking about how busy he will be next fall when he enters Waterloo Lutheran Seminary as a full-time student in the Master of Arts in Theology program. He will study full-time for the next academic year and then complete his studies on a part-time basis, concentrating on worship and music. He will continue at Mount Zion in his role as Director of Music throughout his studies.

Scott dipped his toe into the water last winter and took one seminary course as a part-time student. As a matter of fact, he composed the *Responsory* for this year's Holy Week as his summative project for the course *Lutheran Theology and Song*. Both of his professors were here at Mount Zion to participate with the congregation and choir in singing the piece on Good Friday. The choir was happy to support Scott in this endeavour, and this practical application of his theological studies was a blessing for the congregation.

It is not Scott's intent to become a parish pastor but instead he plans to follow the lay diaconal ministry stream with the goal of continuing and deepening his role as a pastoral musician. The Master of Arts in Theology is a shorter program than the Master of Divinity and does not lead to ordination (it leads to consecration) but shares many of the same courses. Next fall, he will be studying *Introduction to the Literature and History of the Old Testament*, *Introduction to the Literature and History of the New Testament* and *Introduction to Theology*. He is in the process of registering to the diaconal ministry program with the Eastern Synod to make this study and intentional reflection time more meaningful for him and our congregation.

Careful readers of the Sunday Worship Guide will have noticed Scott's name as composer and/or arranger beside many pieces of service music. Scott also arranges much of the music for our visiting brass quintets and other instrumentalists. Since arriving to lead the music ministry at Mount Zion in May 2007, he has been a willing and eager volunteer in many projects in the wider Lutheran community

such as the Pablo Sosa visit, Lutherhostel, the 2008 Synod Ordination service, and the seminary Lenten Lunch series. He has also written music for the seminary's Inshallah choir. This fall he will coordinate a synod wide massed choir and orchestra in J. S. Bach's 80th Cantata which is based on the reformation chorale *A Mighty Fortress* during the closing worship of the synod and seminary anniversary celebrations.

How will Scott do all of this? Will he still be available to the congregation? Absolutely! Scott is excited and just a little anxious about where everything will fit together, but rest assured that he will be on the organ and/or piano bench each and every week just as he has been present for worship over the past couple of years. In order to make room for studying, he has decided to take a leave of absence from other part-time employment. He is convinced that his upcoming seminary studies will deepen his theological foundations allowing him to reflect on the place of music within worship.

Mount Zion is happy to support Scott in this time of study and reflection, and we look forward to our journey together.

Farewell party for the Jacobsens

There will be a "going-away" party for Dave & Cindy Jacobsen and family at the home of Anne Woolner, 282 Stoke Dr. on Sunday June 26. You may drop in any time between 2-5 pm to enjoy some refreshments and wish the Jacobson family farewell as they embark on an exciting new phase of their life in Boston, USA.

David Jacobsen is a professor at Waterloo Lutheran Seminary and Cindy is a minister serving a KW Counselling Services.

Photo Directory

Enclosed in this edition of the Mountaineer is information about the new photo directory. Pictures will be taken Aug. 29, 30 from 2:30 -8:30 and Aug. 31 from 9:30 -3:00.

For those who miss this we will also have Sept. 15, 16 and a17.



The Digital Christian

by Tim Ehrlich

The first site I want to recommend this issue is not specifically Christian in content. It is, however, an audio treasure chest. The American Library of Congress has a project called the *National Jukebox*. They have made available, to the public free of charge, thousands of sound recordings from the American national archives - many of which have never been heard by the public. You'll find early Tin Pan Alley recordings from the silent movie era, the voices of classical stars such as Enrico Caruso, as well early recordings of sacred music, many of which were on wax cylinders. In your browser type: www.loc.gov/jukebox

Who isn't fascinated by angels? The Bible only refers to two by name - Gabriel and Michael. Apocryphal writings also refer to Raphael, but Jewish biblical lore references many, many more. If you are interested in finding out about the "choirs of angels", cherubim and seraphim visit *Angelic Orders* at www.steliart.com/angelology_angelic_orders.

Finally, worth a visit to "Lift Up Your Hearts" is Rev. Paul Bosch's excellent *Worship Workbench* section on the Worship and Spirituality Site of the Evangelical Lutheran Church in Canada. It focuses on Christian worship and preparation of liturgy within a Lutheran context. It is very accessible, provides valuable insight into Lutheran worship traditions, and is often thought-provoking. Well-known in the local and wider Lutheran community, Pastor Bosch's many contributions to worship and music were honoured by the ELCIC when the church named him the first recipient of its Companion of the Worship Arts designation in 1996. Dean of the Chapel Emeritus at Waterloo Lutheran Seminary, Pastor Bosch also serves as the Kitchener-Waterloo Conference Resource Person for Worship. Do check out www.worship.ca/workbench.

Supporting Our Ministries

AT: April 30, 2011

<u>CURRENT</u>	2011	2010
Income	82,947	93,516
Expense	94,834	124,036
Balance	-11,887	-30,520

<u>BENEVOLENCE</u>		
Synod	12,111	11,101
CLWR	3,275	2,248
Open Sesame	1,865	2,830
Other	13,710	16,445

<u>CAPITAL</u>		
Income	4,248	4,427
Expense	0	7,469

Note 1: CLWR Special Appeal for Japan Earthquake for April = \$543 bringing the total since January 1 to \$1,384.

Note 2: Special Easter Offering Envelope Donations = \$2,470 divided equally between C.L.W.R. & current deficit.

Keep in Touch this Summer

The scribes for **The Mountaineer** are putting away their pencils for the summer. The next publication will be the September edition. Over the summer planning will take place to utilize some new technology in the office which hopefully will allow up to print pictures successfully. So send your photos along to gastmeier@rogers.com and we will start to use them.

In the meantime to stay in touch over the summer, please check out our website at www.mzlc.ca/. (That too is currently undergoing an upgrade)

Also there is lots of activity on the Mount Zion Facebook page.



Caring Connections

Betty Behm, Parish Nurse

Fit For Life

If you missed the Health Council event held on May 15, 2011, you missed hearing all the wonderful and encouraging new guidelines for physical activity introduced earlier this year by **The Canadian Society for Exercise Physiology (CSEP)**.

Dr. Russ Tupling's informative overview held our attention. He told us that a minimum amount of activity could result in huge healthful benefits. The "good news" for adults whose activity levels have declined over the years is that we don't have to bust our butts to get in shape. Twenty minutes to a half hour of activity per day will increase our muscle tone and improve cardiac output.

Children also need to keep busy and that means giving up some T.V time or time spent sitting at the computer to get active for at least 1 hour per day. It's easier than we think. Walking or weight bearing exercise is an inexpensive way to stay active.

Physical activity helps:

- healthy growth and development
- prevent chronic diseases like cancer, Type 2 diabetes and heart disease
- make us stronger
- give us energy
- decrease stress, and
- prolong independence as we get older.

Physical activity offers a range of benefits for all ages and abilities as part of a healthy lifestyle. It has been shown to reduce the risk of over 25 chronic conditions, including coronary heart disease, stroke, hypertension, breast cancer, colon cancer, Type 2 diabetes and osteoporosis.

Regular physical activity and higher levels of fitness allow daily tasks to be accomplished with greater ease and comfort and with less fatigue. Research shows that as much as half the functional decline between the ages of 30 and 70 is due not to aging itself but to an inactive way of life.

Weight-bearing physical activity reduces the rate of bone loss associated with osteoporosis. Regular physical activity maintains strength and flexibility, balance and coordination, and can help reduce the risk of falls.

In short, physical activity helps prolong good health and independence.

Check out the new guidelines for children, adults and older adults. Better yet, you can download a set of the guidelines to share with your friends and family.

<http://www.csep.ca/english/view.asp?x=804>

Young Mom's and children will meet May 31, and June 28, in the lounge at 9:30 am. Please bring a snack for your child. I will supply the tea and coffee.

Super Singles meet for lunch following the Sunday morning worship the third Sunday of each month. Meet in the narthex to carpool to a local restaurant for fun and fellowship.

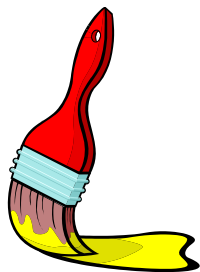
Congratulations Grandma

Betty and Ken Behm are pleased to announce the birth of grandchild Jack Joseph Doerner born to Kylie and Tyler on May 11.

Congratulations Pastor Krister

Remember to congratulate Pastor Krister as he celebrates another milestone in his academic career. Over the last year, he has been working to update his degree. He will graduate with his MDiv degree at WLU's spring convocation on June 10.

Habitat Needs Our Support!



With the arrival of spring, work has begun on the next block of homes at 23 Howe Drive in the Westmount-Ottawa area of Kitchener.

Currently our friends at Habitat for Humanity are looking for 10-25 volunteers each day for work on foundations, footings and basement floors. This is the pre-build stage.

From August to November (the build stage) 15-40 volunteers will be needed each day for everything from framing to installing electrical, plumbing and heating systems. For many of the jobs no experience or special talent is necessary. On-site professionals will give training and support.

In addition to actual work on the houses there is need for persons to donate food, set up lunch and snacks, tidy the site, organize tools, etc. In other words, a job for everyone!

Copies of the latest edition of Habitat's newsletter, *Roof Lines*, are in the pamphlet rack inside the main door of the church. Inside you will find all the details of how to lend a hand.

You can also visit Habitat's web site at www.hfhwr.ca; by phone at 519-747-0664, ext.23 or e-mail vc@hfhwr.ca

Let's support this wonderful housing ministry and demonstrate that we are indeed "in mission for others"!

Judi Harris,

on behalf of Mount. Zion's Service Committee

Scouting At Mount Zion

In April, the Beavers, Cubs, Scouts, MedVents, and Rovers held their Annual All-Section Transition camp. The highlights were the Transition ceremony, a first aid scenario, and the snow!



Cubs also did their annual earth week litter pick up on the church property.

Here's a message from Christopher Boehm: *In the fall of 2009 I was involved the 'milk bag project' as an EcoClub member at my Elementary School. These bags are collected, cut into strips, and crocheted into sleeping mats then sent to third world countries. I made an appeal to the congregation to collect milk bags to add to my school's efforts. In the fall of 2010 I appealed again for the congregation to continue to collect milk bags and on Souper Sunday I gave a demonstration on the preparations required before handing the bags over to the crocheting group. At that time I learned that this project met requirements toward earning my World Conservation badge in Scouts, a prerequisite to earning my Chief Scout award. Do you want to know the stats? Together, we have to date collected approximately **4600 bags**. Each mat is made up of about 260 milk bags, so these will make **18 mats**. That's 4600 milk bags being reused and diverted from the local landfill! I thank those who have donated to this project. Way to go Mount Zion! The collecting of bags will continue until June 26th*

This year's Scouting program ends with a barbecue on June 13th, to celebrate the year and present youth achievement awards.

We are very appreciative of Mount. Zion's sponsorship of 10th Waterloo Scouts. Thank you.

Virginia Slack

On behalf of 10th Waterloo Scouts