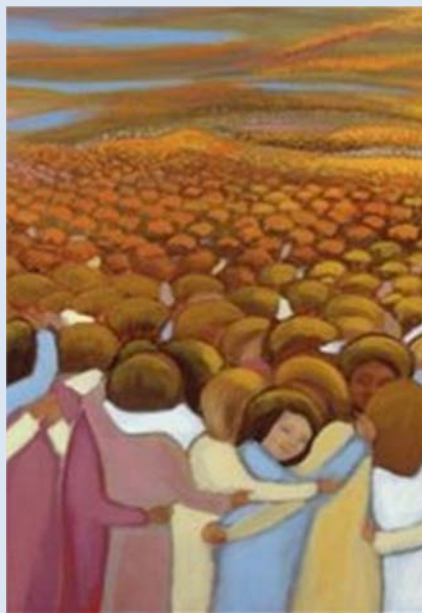




***We are a welcoming, caring community, called by Christ, and enabled by the Spirit, to share God's love by living our faith***



We Will  
Remember Them

## Remembrance Day - November 11, 2018

### ***Like Grandfather – Like Grandson***

*Kerry Joy Townson*

What do we remember on Remembrance Day? Is it just another day? A ritual laying of wreaths? Thoughts of soldiers who gave their lives for our freedom? It is a day that's different for everyone.

My thoughts are with my father who served in World War II and for my son who has served two tours in Afghanistan, one in Latvia, and will likely serve in more to come.

For many of us, however, we tend to think of all those aging veterans whose numbers dwindle a little more at every Remembrance Day service. Will we stop remembering them once they are gone? And what about those, like my son, who continue to serve and risk their lives to preserve freedom and keep hopes of peace alive in other war-torn countries?



World War I was once called "the war to end all wars." But then it happened again with World War II. After VE day, war was done – right? Unfortunately, no. Then came Korea, Vietnam, Lebanon, Afghanistan, and a host of other regional conflicts that continue to this day. We live in times of global instability, but in a country as privileged as Canada, it is easy to become complacent. It is easy to forget.

Both grandfather and grandson served in battles. While their experiences were similar in some ways, they were not the same. Both served their country willingly. Both believed that it was their duty to do so. My father did not want to go to war. He did not want to fight anyone, nor did he ever want to use his weapon. But his loyalty to his country was so strong that he enlisted and served his country overseas for three and a half years doing whatever was asked of him.

My son, however, made the military a career choice. It was his job to go overseas whenever and wherever he was deployed; that is who he is. While their reasons may have been different, both grandfather and grandson have willingly served their country to help make and maintain peace.

My father never wanted to speak of his experiences in World War II and did not consider himself a hero. My son has expressed a similar sentiment by saying, "Mom, I'm just doing my job." Neither was the type

to show off his medals, much less speak of them. But to me, they ARE heroes and always will be.

Now it is time to remember not only those who made the ultimate sacrifice, but also those who live every day willing to do so. My father has since passed away, but I will always remember his selfless service. My son is still serving and deserves the same recognition as his comrades who are no longer with us.

On Remembrance Day, we must not only honour the dead fallen in battle, but also honour the living. We can all offer prayers for peace and support for those who continue to serve where peace is tragically absent.

I will remember, will you?



## Mount Zion Café

*Come and bring a friend to the Mount Zion Cafe*

The Mount Zion cafe offers seniors the opportunity to socialize over a cup of tea or coffee. At about 11:30 a.m. a scrumptious lunch of home-made soups and breads is available. From time to time you might find live music to enjoy while lunching with friends both old and new.


**Nov 14 & 28 Dec 12**  
10 am - 1 pm



A fundraiser in support of Mount Zion's Choral Scholar Program

A music and food extravaganza sure to delight your senses.



**Hear** the music on three stages and let it  **touch** your heart.



**Taste** and **smell** the eclectic menu at 5 food stations.



**See** Mount Zion celebrate!

- Plan to attend
- Invite your friends and neighbours.
- Sign up for a 1 hour stint as volunteer so everyone can enjoy the fun
- Remember that it is a fund raiser.

**November 17, 2018 6:30 pm**  
Tickets **\$10.<sup>00</sup>** (kids free)

Tickets are available in the Narthex, in the office or at the door. Any further donations over \$20 are eligible for a receipt.

**See you there!!**

# Pastoral Acts

## Baptism

October 14, **Harvey Joseph William Hesselink**, son of Gary and Rebecca Hesselink was baptized. Harvey is the grandson of Joseph and Margaret Steiner.

## Funerals

**Dorothy Wiebe**, wife of Abram Wiebe, passed away on October 9th, at home. Dorothy and Abram were members of Mount Zion during the early years. The funeral was held at Erb and Good Funeral Home on Friday, October 12th, at 1 pm. Intern Leanne and Pastor Philip officiated at the funeral.

**Malcolm (Mal) Emslie** passed away peacefully, after a brief illness, at Freeport Health Centre of Grand River Hospital on Saturday, October 27, 2018 at the age of 90. The funeral was held at Mount Zion on Wednesday, October 31, at 11 am., Intern Leanne and Pastor Philip officiated. He is survived by Audrey Emslie, his loving wife of 66 years.

## Confirmation

**Shelby Rampl** and **Isaac Jyrkama** affirmed their baptism during worship on October 28.

## Calling Deacon Scott

The congregational meeting on October 21, for the vote on Deacon Scott's call was well attended and the response was an affirmation of his call here and his ministries with the wider church and community. We are grateful for the varied gifts that he brings.

## Wanted Communion Assistants

Every Sunday we need several people to assist with the distribution of Communion. If you would like to be a part of this very important sacrament, there is a sign up sheet on the bulletin board in the narthex or talk with Pastor Philip if you need a little more encouragement.



# LITURGY

## Bites

### *Why we do the things we do*

By Tim Ehrlich

This small reflection begins at the end...literally. The last word in the Bible is Amen. Over time it has come to seem as almost a punctuation mark to various parts of our liturgy. What exactly does it mean? Well "exactly" is a tall order. It first appears in the Hebrew Bible in the book of Numbers and is usually translated from Aramaic as "so be it." One might think it is a common word in the Bible yet it appears only 78 times. In an average worship service it can occur from 8 to 10 times or more depending on the hymns chosen.

Jewish traditions use the word often as an affirmation of a blessing. Our Christian practices tend to use Amen as a response to a formal declaration or a statement of strong agreement. Jesus' used the phrase "Amen, Amen" to mean "truly, truly" so it is often construed to mean "This is the truth" when responding to any significant part of our liturgy. I can't think of a better word for the Bible to end on.

Amen

## Family Friday Night Suppers



All Kinds of food for all kinds of families

**Nov 23 & Dec 14.**

# All Saints Day



**Doris Stockman**, (nee Metzger), passed away peacefully at Trinity Village, Kitchener on Saturday, December 16, 2017 at the age of 90. Her husband the Rev. Martin Stockman predeceased her.



**Lois Isobel Moore** passed away at Columbia Forest Long Term Care in Waterloo on Saturday, January 6, 2018 at the age of 93. Beloved wife of Neil Moore for 71 years. Lois and Neil were Charter members of Mount Zion.



**Shirley Hillier** passed away on January 29, 2018 at Grand River Hospital, after a brief illness, at the age of 84. Shirley was the loving and dedicated wife of Richard John Earl (Dick) Hillier.



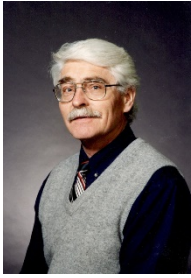
**Faye Frey** passed away at St. Mary's Hospital on February 1, 2018, at the age of 77. Faye and her husband the late Dr. Larry W. Frey were long standing members of Mount Zion.



**Winston Ranjit Rampersad**, 67, passed away on Sunday, February 18, 2018 at the Innisfree House in Kitchener, Ontario, Canada after his battle with cancer. He leaves behind his beloved partner Anne Lowe.



**Neil Fullerton Moore** passed away at Innisfree House in Kitchener on Monday, April 9, 2018 at the age of 95. Lois, Neil's wife, passed away on January 6, 2018, they were charter members of Mount Zion.



**Werner Packull** passed away on Friday April 27th at The Village at University Gates Long Term Care in Waterloo. He leaves behind Karin, his beloved wife of 54 years. Werner was an authority on Hutterite history and theology and taught at University of Waterloo – Renison College and later Conrad Grebel University College.



**Melanie (Mel) Ruth Joyner** passed away in her sleep and was found on May 6 in her apartment at Plymouth University in Devon, UK. She was on the faculty of Plymouth University when she passed away.



**Bernice Emma Ludwig** passed away at St. Mary's General Hospital, Kitchener on Sunday, June 24, 2018 at the age of 94. She was predeceased by her husband the late Rev. Walter Ludwig. Bernice was a charter member of Mount Zion.



**Edith Giertz** passed away on June 29, 2018 at the age of 87 years at Grand River Hospital.



**Dorothy Viola Wiebe** passed away, at home, on Oct 9th, 2018. She and her late husband, Abram Wiebe, were longstanding members and supporters of Mount Zion.



**Malcolm (Mal) Emslie** passed away peacefully, after a brief illness, October 27, 2018 at the age of 90. He is survived by Audrey Emslie, his loving wife of 66 years.

Open Sesame Up-Date

## Regional Grant pays for special equipment for those on Autism Spectrum

Carol Ziegler

We have had a busy Fall at Open Sesame Headstart Preschool with 14 preschoolers registered and two more who will be joining us soon. When registration took place, parents were asked to name two strengths they could see in their child and two goals they hoped would be achieved by the end of the school year. At the end of last year, when parents were asked to complete a survey about their child's experience at Open Sesame, they recommended that a written report on the progress of their child be given in the Fall, Winter and Spring. Therefore, our two teachers and our Parent Support Leader Jana Kelly will be compiling a written report, which will be forwarded to the parents, in the next few weeks. Our teachers and volunteers have seen many positive changes that have taken place already. About 70% of the children referred to us have come with delayed speech development.

The upgrades to our playground have not taken place as quickly as we had hoped they would. However, there have been toys purchased for outdoor play which the children are enjoying. The money we received from the KW May Court Club has paid for them and will also pay for our natural playground when it takes place.

Some of the money we received from the Region of Waterloo, in the form of a One Time Affordability Grant, has been used to buy special chairs and toys geared to those children who are on the autism spectrum. Joan Brunger, our Treasurer, is getting quotes for replacing the blinds in our classroom. The grant money from the Region will cover that purchase.

We were inspected by the Ministry of Education early this Fall on September 28th. We have met all the requirements for the renewal of our license.

For those of you who are new to our congregation, and who may wish to participate, I want to tell you about Open Sesame's only ongoing fund raiser. Each Sunday

Ann Crossman, Open Sesame's Assistant Treasurer, sells grocery cards which can be used at all the local grocery stores. We at Open Sesame receive \$5 for every \$100 worth of grocery cards sold. They come in denominations of \$25, \$50, \$100, and \$250. To purchase a card from Ann you need to use cash or a cheque made out to Open Sesame Headstart Preschool. Your groceries do not cost more, you are simply paying for them in advance and Open Sesame benefits.

The Open Sesame Committee will meet on Monday, December 3rd at 7 p.m. One of the items discussed will be plans for Open Sesame's Christmas Party. Open Sesame classes end on December 21st.



**The Mountaineer** Is a publication of Mount Zion Lutheran Church, 29 Westmount Road, Waterloo. Editorial Committee: Dennis Eaton, Pauline Finch, Tim Ehrlich, Dave Heldman, Pastor Phillip Mathai, Karen Gastmeier. The Mountaineer is published nine times per year, **The Mountaineer is not published in January, July or Aug.**

Email articles and announcements to [Karen@gastmeier.ca](mailto:Karen@gastmeier.ca)

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**The Mountaineer is available either by print or by email. Please email the office if you wish to change your delivery method. email to: [mtzion@mzlc.ca](mailto:mtzion@mzlc.ca)**

## Confirmation Celebrations



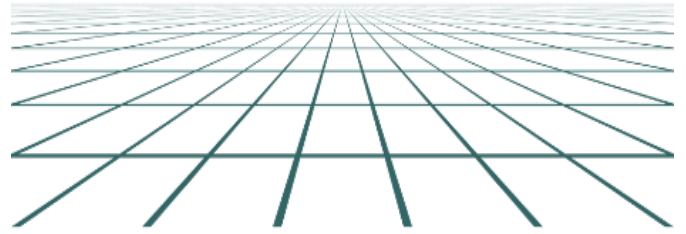
Photo by: Julie Rampl

We had the joy of celebrating with two of our youth the affirmation of their baptism as **Shelby Rampl** and **Isaac Jyrkama** were affirmed their baptism during worship on October 28.



We celebrated both the affirmation and the Reformation with lots of special music.

## PERSPECTIVES



*The most pressing questions of the day demand Christians respond through the prism of faith*

*Join Pastor Philip for lunch and discussion from a faith perspective*

**Following the service:**

**November 25**



There's lots more reading and photos on Mount Zion Facebook page.....just click this Facebook logo or use the address

<https://www.facebook.com/groups/165042693557044/>

lots of interesting reading and pictures....

## Meet the Swansons



Photo: (L-R: Janessa, Kayleigh, Kirk, Lynn, Riannon)

There are few roles at Mount Zion in which Kirk and Lynn Swanson and their three gifted young adult daughters have not been involved. If you already know one or more of them, you'll know that even a detailed questionnaire would barely scratch the surface of this family's many skills and commitments. If you haven't met them, here's an introduction...

### **Lynn's roots**

Lynn was born in Seaforth and grew up in Stratford in a family where she was one of five children. She moved to Waterloo to study Psychology at the University of Waterloo and after earning her degree, continued at U of Waterloo to complete a PhD in Clinical Psychology. Her doctoral training included an internship at the Alberta Children's Hospital in Calgary in 1988.

Lynn returned to the Twin Cities to begin her career as a family therapist in the Preschool Diagnostic Program at Grand River Hospital (formerly K-W Hospital) and also to work in private practice. On completion of her PhD, she continued at GRH, working half-time as a psychologist at the Child and Family Centre, as well as training and supervising Clinical Psychology graduate students at the University of Waterloo.

In 1992, after the birth of the couple's first child, Riannon, Lynn scaled back her work outside the home. She continued half-time at U of W following the births of Kayleigh (1995) and Janessa (1998), but eventually resigned from the university to maintain her full-time private practice, which involves the psychological assessment and treatment of children, adolescents and adults.

### **Kirk's roots**

Kirk was born and raised in Stratford with his parents and an older and younger sister. After high school, he earned a degree in Forestry from Sir Sandford Fleming College in Lindsay. He then attended the University of Waterloo, where he completed a degree in Geography and Environmental Studies. His next academic milestone was Brock University where he received an Ontario Teaching Certificate. He then spent 1988 with Lynn in Calgary, where he volunteered and worked as a supply teacher at Foothills Academy, a school for children with learning disabilities.

Kirk's 28-year elementary school teaching career with the Waterloo Regional District School Board began in a Grade Two classroom at King Edward Public School. He then moved to Glencairn, teaching Grades Two through Six, spent a year at Meadowlane, also with Grade Six, and the last 14 years of his career teaching Grade Six at Sandhills Public School from the time it opened.

### **Marriage and Family**

Lynn and Kirk met and began dating when Lynn's older brother Roger became Kirk's roommate and close friend while both were attending Sir Sandford Fleming. Kirk continues to hold Roger "responsible" for their four-year courtship and 1984 marriage – some days more than others! They enjoyed an amazing year in



Calgary during the 1988 Winter Olympics before returning to Waterloo to begin their careers. Between 1992 and 1998 they were blessed with daughters Riannon, Kayleigh and Janessa.

After receiving a degree in Criminology at Wilfrid Laurier University, Riannon began her career as a cadet with the London Police Service. But her dream to work in K-W was realized in 2016 when she joined the Waterloo Region Police Service. Kayleigh completed a degree in Peace and Conflict Studies at the University of Waterloo in 2018 and is now a Master's student in Global Governance at the Balsillie School for International Affairs. Janessa is completing her degree in Social Development Studies at the University of Waterloo, with the future goal of a career in social work.

Kirk and Lynn consider their daughters as one of the greatest blessings in their lives and greatly value times spent together with them. They enjoy being active, both as a couple and as a family, which includes working out at gym classes, cycling in the summer, skiing in winter and spending as much holiday time as possible at their cottage.

### **Faith connections**

Lynn was raised Lutheran and grew up at St. Peter's, Stratford, where she attended Sunday School and Vacation Bible School, sang in the junior choir, taught Sunday School, and was later confirmed. During her second year of university, she discovered Mount Zion around the corner from her Erb Street apartment. She was immediately drawn by Pastor Norm's warmth and made Mount Zion her church home away from home.

Kirk's church involvement began after meeting Lynn. Following their engagement he attended adult confirmation classes at her home congregation of St. Peter's in Stratford, where they were married in 1984. They continued attending Mount Zion together and felt so much at home that they officially became members in 1985.

### **Life at Mount Zion**

Lynn and Kirk began their decades of active work here by serving together on the Congregational Resources

Committee and then the Mutual Ministry Committee, on which Lynn currently still serves. Both have also been members of Church Council. Drawing on her professional expertise as a clinical psychologist, Lynn provided workshops on communication some years ago as part of marriage preparation for couples at Mount Zion. Lynn has also served on the Call Committee.

Kirk is currently an Usher, a member of the Service Committee, and enjoys the challenges and rewards of heading the Property Committee; he is grateful for the pool of expertise that its members provide to help maintain our building and grounds.

Kirk and Lynn appreciate many things about Mount Zion. From the outset, they found it to be a welcoming community. They have always been impressed by the congregation's strong leadership and openness to exploring alternative models of pastoral ministry, including most recently the work of Deacon Scott, as well as the leadership of many members serving in various capacities. They also value the exceptional quality and variety of music at Mount Zion and how it is incorporated so meaningfully into worship.

Finally, they value our congregation's commitment to remain a thriving church family in the face of significant change, especially in grappling with new concepts of ministry and outreach. The people of Mount Zion are willing to work together in supporting new initiatives. They see Mount Zion as an open and inclusive place where difference is accepted, embraced and celebrated.

### **Some visionary thoughts**

Kirk and Lynn's vision is that we continue to broaden our horizons and endeavour to make a difference locally and in the wider world. To this end, it is important to empower our youth and ensure that they feel valued and respected. It is crucial that we remain open to new and innovative ways to be a thriving church community in the midst of inevitable social change.

## Financial Update– Sept. 2018

### *A note from Finance*

1. Our financial status for the nine month period ending September 30 reflects a deficit of \$19,473 in the “**Ministry & Mission (current) Account**” compared with a budgeted deficit of \$24,884. The favourable deviation of \$5,411 was due to a higher receipts accounting for \$5,627 partially offset by expenses higher than plan by \$216.

	<u>Actual</u>	<u>Budget</u>	<u>Better/(Worse)</u>
Total receipts	\$200,135	\$194,508	\$5,627
Total Disbursements	<u>219,607</u>	<u>219,392</u>	<u>216</u>
Deficit	\$(19,473)	\$(24,884)	\$5,411

#### Comments:

- Member regular envelope contributions of \$142,169 were \$655 better than plan.
  - Facility and parking net income of \$43,742 was \$3,187 higher.
  - Other income was higher by \$1,785 due primarily to \$1,079 in higher than planned earnings on our Endowment funds.
  - Disbursements were \$216 better overall for the period.
  - Of significant note is that **29%** of total receipts are from sources other than regular member contributions, indicating our increasing reliance on rental revenue.
2. Your support of **Benevolence** to the Synod and other designated causes totalled \$80,927. Included in this are grants of \$9,000 for Open Sesame, and \$32,077 for Six Nations/TRMA Partnership. Regular benevolence totalled \$20,587 which was remitted to Synod. Donations to other causes totalled \$19,263.
  3. In April, a generous donation of \$15,000 was received in memory of long time member Shirley Hillier which has been placed in the Memorial fund. Special fund balances designated for specific purposes are as follows as of September 30.
    - Mission endowment funds \$114,643
    - Contingency Fund \$ 30,000
    - Memorial Funds \$ 25,136
    - Youth Fund \$ 4,398
    - Music on the Mount \$ 2,524
    - Spiritual Retreat fund \$ 252

Richard Brubacher - Treasurer

# Financial Update– Sept. 2018

By Richard Brubacher – Treasurer & Chair, Finance Committee

The summaries below reflect the actual cash flows for the nine month period ending September 30, 2018, and the position of our bank accounts. Comparative data is displayed for our budget commitment and the prior year.

## Ministry & Mission (Current) Account - Cash Flow Basis

	9 Months - 2018		Comments re: Differences to plan	9 Months
	Actual	Budget		Last Year
<b>Cash Inflow</b>				
Receipts from Members	142,169	141,514	- better than plan \$655	143,167
Receipts from Facility Rentals & Parking	51,442	47,500	- better by \$3,187	37,302
Rental income reserved to Capital	(7,700)	(6,945)		(8,000)
Other Receipts - (Plate, Endow. Int., grant)	14,223	12,439		10,074
Deficit Reduction Response	-	-		1,080
<b>Total inflow</b>	<b>200,134</b>	<b>194,508</b>		<b>183,623</b>
<b>Cash Outflow</b>				
Disbursements - Staff & operating costs	219,607	219,392		197,953
<b>Total outflow</b>	<b>219,607</b>	<b>219,392</b>		<b>197,953</b>
<b>Net Cash (Outflow)/inflow</b>	<b>(19,473)</b>	<b>(24,884)</b>	<b>- \$5,411 better than Budget Plan</b>	<b>(14,330)</b>
Cash balance (overdraft)	7,819	(20,746)		15,588

## Benevolence Accounts - Cash Flow Basis

	Actual	Budget		Last Year
<b>Cash Inflow</b>				
Receipts from Members - General Benev.	20,587	19,000		18,833
Receipts for designated appeals	60,340	-	- Incl. Grants \$41,077	45,726
<b>Total inflow</b>	<b>80,927</b>	<b>19,000</b>		<b>64,559</b>
<b>Cash Outflow</b>				
Payments to Synod	20,587	18,375		16,833
Payments to other designated appeals	60,340	625		47,726
<b>Total outflow</b>	<b>80,927</b>	<b>19,000</b>		<b>64,559</b>

## Capital Accounts - Cash Flow Basis

	Actual	Budget		Last Year
<b>Cash Inflow:</b>				
Receipts from Members	9,283	6,646		9,290
Transfers from Ministry & Mission acct	7,700	6,945	- Rental income reserved from MM acct.	8,000
<b>Total inflow</b>	<b>16,983</b>	<b>13,591</b>		<b>17,290</b>
<b>Cash Outflow</b>				
Capital Expenditures	31,681	25,000	- HVAC & Lighting replacements, servery	7,491
<b>Total outflow</b>	<b>31,681</b>	<b>25,000</b>		<b>7,491</b>
<b>Net Cash (Outflow)/Inflow</b>	<b>(14,698)</b>	<b>(11,409)</b>		<b>9,799</b>
Cash Balances	33,549	36,839		43,905

## Rental Property Account - Cash Flow Basis

	Actual	Budget		Last Year
<b>Cash Inflow:</b>				
Rental Income from Tenants	25,051	19,880	Budget assumed tenant turnover	26,350
Transfers from Capital Account	-	-		-
<b>Total inflow</b>	<b>25,051</b>	<b>19,880</b>		<b>26,350</b>
<b>Cash Outflow</b>				
Current Expenditures - Properties	11,023	12,936		10,385
Capital Improvements to Properties	-	10,266	Improvements deferred	-
<b>Total outflow</b>	<b>11,023</b>	<b>23,202</b>		<b>10,385</b>
<b>Net Cash (Outflow)/Inflow</b>	<b>14,028</b>	<b>(3,322)</b>		<b>15,965</b>
Cash Balances (overdraft)	8,894	(8,456)		(9,100)